

Lancemore Mansion Hotel Werribee Park
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Website - lancemore.com.au/mansion-hotel



WELCOME TO L.M. SPA.

L.M. Spa offer a holistic approach to health and wellbeing that fills your senses with ambient tones, rhythmic symmetry and purified air.

This harmonious atmosphere invites you to immerse yourself in the surroundings and open your soul to inner peace, connection and happiness.

A place that promotes and educates physical, nutritional, mental and social wellbeing, it is a space to escape from city stressors.



FACIAL TREATMENTS

SIGNATURE FACIAL TREATMENTS

L.M. Spa Signature Petit Facial

30 minutes
Weekday $99 | Weekend $139

A cleansing mini facial designed to offer a quick pick me up to brighten, nourish and revitalise the complexion. Utilising a selection of nourishing plant oils, exotic fruit enzymes and French clay this facial treatment is the perfect solution for the time poor guest.

L.M. Spa Signature Rose Facial

60 minutes
Weekday $189 | Weekend $229

A rich and intensely nourishing facial treatment packed with Vitamins A, C, D and E. We combine our unique products and practices to recover luminosity and replenish lost moisture to the skin.

ORGANICSPA FACIALS

Moisture Infusion

75 minutes
Weekday $259 | Weekend $289

A hydrating & moisture locking treatment which will replenish thirsty skin, illuminate the complexion and combat dehydration.

Balance & Repair

75 minutes
Weekday $259 | Weekend $289

This high potency repairing treatment is formulated to promote cell renewal. Detoxify and balance the skin. Leaving you visibly brighter, healthier, with a firmer complexion.

ORGANICSPA FACIALS

Age Vita-Renewal

75 minutes
Weekday $259 | Weekend $289

Rejuvenate & regenerate with a high concentration of vitamin C & E while restoring radiance for a youthful glow.

GINGER&ME FACIALS

Mindfullness Facial

90 minutes
Weekday $289 | Weekend $309

The GINGER&ME Mindfulness Facial is tailored to treat each individual skin while experiencing a relaxing and professional mindfulness meditation and DermaLux LED light. The ultimate wellness facial to treat the mind body and soul.

ADVANCED FACIALS

Rejuvenate LED Facial

45 minutes
Weekday $159 | Weekend $189

Light Emitting Diode (LED) is a pain-free, non-invasive, soothing and rejuvenating skin treatment tailored for all skin types.

Rejuvenate Express Peel

45 minutes
Weekday $159 | Weekend $189

This bio active peel is designed to exfoliate & rejuvenate the skin while refining & brightening the complexion.

ADVANCED FACIALS

Clinical Facial

60 minutes
Weekday $199 | Weekend $229

Our clinical facials have been designed for the in-between skin boost or for the guest that is time poor and is skin results driven. They may be enjoyed as a one-off as desired or a weekly course of treatments for 4-8 weeks depending on the skin concern. Your skin expert will design a course of treatments to tailor to your skin concerns.



MASSAGE

MASSAGE

Relaxation

30 minutes
Weekday $99 | Weekend $129

60 minutes
Weekday $179 | Weekend $209

90 minutes
Weekday $249 | Weekend $279

Our nurturing and customised full body massage is designed to relieve tension, soothe the nervous system and restore energy flow using light to medium pressure.

Deep Tissue

60 minutes
Weekday $194 | Weekend $224

Our fully trained specialist will use firm pressure with focused and deep flowing techniques to treat the muscles, tendons and ligaments of your body. This treatment helps to assist with rehabilitation, pain and injury management by using advanced massage techniques.

Hot Stone

90 minutes
Weekday $259 | Weekend $289

Using heated stones, this treatment allows you to enter a deeper state of relaxation. The penetrating heat from the stones relaxes muscles and releases tension with benefits including relief from chronic pain, stress reduction, detoxification and reduced neck and back pain.

Pregnancy Massage

60 minutes
Weekday $179 | Weekend $209

Take a moment to de-stress your tired and weary body whilst reconnecting with your mind during our pamper pregnancy massage. This treatment is specifically designed to meet the needs of pregnant women and their changing bodies. Our spa pregnancy massage will relieve muscular aches and joint pains, improve circulation and mobility and keep your lymphatic system working at peak efficiency.

**Please note, you must be past your 1st trimester.*

MASSAGE

Full Body Exfoliation

30 minutes
Weekday $99 | Weekend $129

Compliment any one of our massages with a full body exfoliation to leave skin feeling smooth and revitalised.

Massage Add Ons

Flash Facial | 15 min | Cleanse, Exfoliate, Moisturise | $49
Hot Oil Head Massage | 15 min | $49
Rose Hand Treatment | 30 min | Weekday $99 | Weekend $129
Barefoot Botanical Indulgence | 30 min | Weekday $99 | Weekend $129





BODY RITUALS

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GINGER&ME Body Wrap

90 minutes
Weekday $299 | Weekend $329

Step into a realm of pure indulgence with our exclusive L.M. Spa body ritual. This meticulously curated treatment promises a journey of deep relaxation and detoxification, offering a sanctuary where you can indulge in a moment of self-care. Sink into a soothing cocoon of natural aromas & skin conditioning oils, a scalp massage will transcend you to pure bliss before being brought back to the world with a reinvigorating shower. Finish the experience with our Moisture Locking Massage.

Add Ons

Flash Facial | 15 min | Cleanse, Exfoliate, Moisturise | $49
Hot Oil Head Massage | 15 min | $49
Relaxation Massage | 30 min | $99





SPA PACKAGES

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Pure Bliss

3 hours
Weekday $589 | Weekend $609

The Pure Bliss is a luxurious sensory journey. Commencing with a decadent full body polish and mineral mud wrap. This treatment will detoxify, purify and nourish your skin. Our therapists will alleviate any tension within your body with a full body aromatherapy relaxation massage. Followed by a beautiful rose facial & hydrating mask. Your blissful day will conclude with a glass of sparkling wine for you to enjoy in our relaxation lounge.

- 15-minute Foot Soak
- 45-minute Body Wrap & Exfoliation
- 60-minute Relaxation Aromatherapy Massage
- 60-minute Signature Rose Facial & Hydrating Hair Mask
- A glass of Sparkling Wine

Moroccan Melt

3 hours
Weekday $489 | Weekend $509

Opulent precious oils of balsam and rose infused with the essence of crushed coffee and vanilla beans echo the ancient rites of Marrakech.

Experience our private Hammam chamber with a self-application of our exfoliating sugar scrub. Your journey continues with a full body Hot Stone Massage, to melt any tension away, followed by an enriched organic and therapeutic blended facial. Conclude with a fragrant hair treatment to nourish and hydrate your hair.

- 30-minute Hammam
- 90-minute Stone Massage
- 60-minute Signature Rose Facial & Hydrating Hair Mask

SPA PACKAGES

Mansion Essentials

120 minutes
Weekday $339 | Weekend $369

The perfect massage and facial combination. Begin with a relaxing full body massage using gentle and slow movements, releasing tension and stress from your body. Followed by our Signature Rose Facial, designed to leave your skin feeling soft, fresh and renewed.

- 60-minute Relaxation Massage
- 60-minute Signature Rose Facial & Hydrating Hair Mask

Sparkling Indulgence

90 minutes
Weekday $309 | Weekend $339

Allow us to buff your skin to perfection with a full body exfoliation. After a warm shower, enjoy a back, neck and shoulder massage, followed by a replenishing facial. Conclude your treatment with a glass of sparkling to enjoy in our relaxation lounge.

- 30-minute Exfoliation
- 30-minute Massage
- 30-minute Facial
- Glass of Sparkling Wine

Baby Moon

90 minutes
Weekday $229 | Weekend $259

A beautiful spa soak to soothe your muscles, followed by a gentle relaxing pregnancy massage offering full body support for you and your baby, You will conclude your experience with organic tea.

- 30-minute Spa Soak
- 60-minute Pregnancy Massage

**Please note, you must be past your 1st trimester.*



PACKAGES FOR TWO

PACKAGES FOR TWO

Couple's Recovery

90 minutes
Weekday $499 | Weekend $529

Designed to enjoy more time together, this package includes a private and heavenly spa soak with a sweet treat and glass of sparkling, followed by a full body relaxation massage in our tranquillity suite.

- 30-minute Spa Soak
- Sweet Treat from Joseph's Restaurant
- Glass of Sparkling Wine
- 60-minute Relaxation Massage

Girls' Day Out

90 minutes
Weekday $499 | Weekend $529

Grab your best friend for the ultimate girls' day out. Switch off in our private Hammam chamber with a self-application of our exfoliating sugar scrub and detoxifying Mud, followed by a full body relaxation massage in our tranquillity suites. End your journey a with sweet treat platter to share and a glass of sparkling.

- 30-minute Hammam
- 60-minute Relaxation Massage
- Sweet Treat from Joseph's Restaurant
- Glass of Sparkling Wine



UNIQUE SPA EXPERIENCES

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Hammam

30 minutes | $69
45 minutes | $79

Experience serenity and indulgence in our private Hammam steam room. The warm steam opens pores, detoxifying your skin, while a self-application body scrub and mud mask enhance purification and renewal. Perfect for any treatment.

Spa Soak

30 minutes | $79

Experience pure bliss and tranquility as you immerse yourself in the warm waters infused with aromatic essential oils, feeling the stresses of daily life melt away. The luxurious spa soak rejuvenates your body, soothing tired muscles and revitalising your senses.


GINGER
&me


L.M. SPA
LANCEMORE SPA

TREATMENT ADD ONS

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Facial Add Ons

AHA/Lactic Peel | $55
Guided Meditation | $29
LED Treatment | $55
Eye Mask | $29
Face Mask | $29

Massage Add Ons

Flash Facial | 15 min | Cleanse, Exfoliate, Moisturise | $49
Hot Oil Head Massage | 15 min | $49
Rose Hand Treatment | 30 min | Weekday $99 | Weekend $129
Barefoot Botanical Indulgence | 30 min | Weekday $99 | Weekend $129

Body Rituals Add Ons

Flash Facial | 15 min | Cleanse, Exfoliate, Moisturise | $49
Hot Oil Head Massage | 15 min | $49
Relaxation Massage | 30 min | $99





SPA DELIGHTS

SPA DELIGHTS

Cheese Plate	$48
Joseph's Dessert Plate	$25
Fresh Fruit Platter	$30
Sparkling Wine	$15

AVAILABLE FOR PRE-ORDER & DURING SPA OPERATING HOURS ONLY.



TERMS & CONDITIONS

Fitness Centre & Pool	Monday - Sunday	6:00am - 10:00pm
L.M. Spa.	Monday - Thursday	9:00am - 5:00pm
	Friday - Saturday	9:00am - 6:00pm
	Sunday	9:00am - 5:00pm

We are closed on all public holidays.

Pool and fitness facilities are complementary for all hotels guests and L.M. Spa guests who have each received spa treatments.

Bookings

All bookings require a credit card to be secured.

We highly recommend you make your bookings in advance to avoid disappointment.

Group bookings of 4 or more require a 50% deposit at the time of booking.

Please note that there is a surcharge for weekend bookings. We have a mid-week and weekend price for each treatment and package.

Cancellation Policy

Cancellations within 24 hours will be charged at 100% of treatment value. A credit card is required at the time of booking to secure your treatment.

Spa Arrival

We recommend that you check in 20 minutes prior to your treatment start time. Please understand late arrivals will not receive an extension of scheduled treatment times. Full payment will still apply.

Pregnancy

We have specially designed treatments & beds for expectant mothers in the 2nd & 3rd trimester. All pregnant women MUST be past their 1st trimester in order to proceed with pregnancy appropriate treatments. Hammam & steam rooms are not recommended for pregnant women.

Gift Cards

L.M. Spa gift cards are available online at lancemore.com.au or via L.M. Spa and hotel reception. Vouchers purchased after Dec 2019 are valid for 3 years. Spa vouchers can be used for treatments & products.

Health Conditions

Please advise us of any health conditions, allergies or injuries that could affect your treatment with us, Lancemore cannot be held responsible should conditions not be disclosed.

Loss or Damage

Lancemore holds no responsibility for any loss or damages made to personal items. Please keep your valuables secured in lockers provided.

Locker Keys

Locker keys must be returned at the end of each treatment. Lost or damaged keys will result in a $200 replacement fee.

Facilities

Smoking is strictly prohibited. Appropriate attire must be worn while utilising pool, spa and gym facilities.

Spa Boutique

To continue your spa experience at home, spa products used in treatments available to purchase at our spa reception as well as gifts for special occasions.

Age Requirements

The minimum age requirement to access the spa is 16 years of age, Failure to meet the age requirement, will result in an appointment cancellation.



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